

## **Sample language for court orders to limit tech abuse involving children**

1. Social media is defined to include websites and applications that enable users to create and share content or to participate in social networking, including (but not limited to): Twitter, FaceBook, Instagram, Snapchat, TicTok, group texts/chats, FaceBook Messenger, etc.
2. [name of ex-partner] shall not:
  - monitor social media accounts of [names of mother and children], which includes looking at their accounts via his personal social media accounts or the accounts of any other people or aliases he has created
  - use any monitoring device to track the movements, communication or online activity of [names of woman and children]
  - communicate with [names of woman and children] by way of direct message, comments, "likes", text message or email from any device
  - send direct messages via social media platforms to [names of woman and children]
  - comment on or "like/love/dislike, etc." photos of [names of women and children] on social media or share/repost photos of via any means
  - post or distribute any photographs, communication or any other information about [names of woman and children] on social media
  - create a social media account under an alias that has not been disclosed to the court and listed herein: (include his social media account names here)
  - share embarrassing or cruel content about [names of woman and children] for any reason, and specifically shall not do so for the purpose of impersonating, doxing, stalking, or electronic surveillance
  - publish, distribute or share images of [names of children] by any means whatsoever unless there is prior written agreement that he may do so
  - share any personal information about [name of children] on any internet platform, unless there is prior written agreement that he may do so
  - post any defamatory or negative information on any internet platform about [names of woman and children]
  - direct any threats, insults, slurs or profanity towards [names of woman and children] by any means whatsoever
  - use any program or device to gain direct or remote access to any computers or electronic devices belonging to [names of woman and children]

- install any program for the purposes of monitoring or tracking [names of woman and children] for any reason whatsoever
- use any form of spyware, tracking device or GPS software that provides any information about [names of woman and children] whatsoever
- publish any court documents related to this proceeding. To publish means to distribute the documents (or parts thereof) to members of the public (who are not parties to this proceeding or Counsel) without the woman's consent or court order. Distribution includes the provision of hard copies and electronic copies (screenshots, pdfs, Word documents, etc.) and posting documents on the internet in any form (including social media).